

The Nashville Golf Courier

The Nashville Golf & Athletic Club Newsletter

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Administrative Office

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Clubhouse

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www.ngac.net

CLUBHOUSE HOURS-

• **GOLF SHOPPE:**

Mon	11:00-4
Tues-Fri	8:30-4
Sat/Sun	7:30-4

• **PRACTICE RANGE:**

Mon	CLOSED
Tues-Fri	8:30-dark
Sat/Sun	7:30-dark

• **RESTAURANT:**

Mon	CLOSED
Tues-Fri	10:30-4
Sat/Sun	7:30 4

GOLF:

Tuesday-Friday:

Daily Members Game
11:30 am

Tuesday Mornings:

Ladies "Tee Time"
8:30 am

Saturday & Sunday:

"Blue Tee" Game
9:10 – 9:20 am
Weekend "Dogfight"
9:30 am

The one variable in golf that you can't change "the weather" here are some tips

Perfect temperatures, bright sunny days, and zero wind can be few and far in between in Tennessee. However, being passionate about golf means welcoming changes in weather, regardless of the circumstances. In fact, the sign of a good golfer is one that can adapt and use poor weather conditions to his or her advantage.

Severe Temperature Conditions

When you think of bad weather on the golf course, heavy rains and wind first come to mind. In addition to these variables, extreme temperatures can also play a role in interfering with your game.

Most parts of the country experience drastic changes in climate and temperature when the seasons shift. From the hot, humid months of summer, to the cold, rigid feeling of winter, learning how to play golf during each season is crucial to getting better at your game.

So long as there isn't any snow or frost on the ground, golf can be played in just about any condition that mother nature gives you. Cold weather can offer a private and peaceful game, considering most players will not be on the course. Beginner golfers should take advantage of this opportunity during the cold, as there is little interruptions and very few groups playing behind you, therefore there is no rush on each hole.

Tips When Playing Golf During The Cold Season

1. Check your golf shoes and make sure that they are waterproof. If not, consider purchasing a new pair. The cold weather brings with it frost and moisture on the grass, which can saturate your shoes if they are not waterproof. In addition, a thick pair of socks will provide more comfort. I personally like to double up on socks during the cold weather.

2. When dressing for the cold, put on layers of clothing as opposed to wearing thicker items, such as a large jacket. Not only will the extra layers provide more warmth, you will have far more room to maneuver when making your shots. Turtlenecks are perfect for these occasions. And consider thermal underclothing if the temperatures are dipping low enough.

3. Always wear a hat that provides warmth for the head and protects the ears. I prefer the type of hat that comes with ear muffs, or flaps. You might not look fashionable, but you'll never have to worry about frostbite, or a headache from the cold.

4. As far as your game is concerned, the ball will not travel as far as it usually does. During cold weather, the air is dense and you may have to use a different club than you normally would. For example, a 6-iron would be used instead of the 7-iron, and so on.



PGA



PGA



PGA

Junior Golf Program - Nashville Golf & Athletic Club

The Junior Golf Program at Nashville Golf & Athletic Club is a great setting for juniors age 15 and under to improve their skills.

PGA Director of Golf, Brian Jorgenson, has managed many high ranking high school players over his 15 years of teaching golf along with placing many children in college programs around the country.

LPGA Teaching Professional, Vikki Chandley, having the ability to communicate with students of all levels a talent that Vikki has mastered. She continues to hone her teaching skills and will no doubt contribute greatly to this Junior Program.

All of the Assistant Instructors are very knowledgeable about the golf swing and getting their teaching philosophy across to a broad range of ages and genders.



The Nashville Golf Junior Program will provide instruction on all aspects of the game of golf and assures young golfers a lot of fun!



- Full Swing
- Short Game
- Etiquette
- Specialty Shots
- Rules
- Pace of Play
- Golf History
- Contests

Additional information available in the Golf Shoppe, 615-370-3346
or e-mail Brian Jorgenson at brianprongac@comcast.net

Dates & Times

CAMPS

Cost \$100.00 per child
(Limit 60 per camp)

June 16-17 9:00am – 12:00pm
(Tuesday-Wednesday)

August 4-5 9:00am – 12:00pm
(Tuesday-Wednesday)

Drinks and snacks provided daily!

CLINICS

Wednesday mornings
(Limit 25 per class)

June – July - August

9:00am – 10:30am Ages 6-15

Cost \$20.00
Per class

2009 Schedule of Events

March

13th One Day Member-Guest
16th Aerifying Greens

April

4th Opening Day
11th Masters Event
14th Ladies Guest Day
16th Men's Guest Day

May

7th Men's One Day Member-Guest
16th-17th Stroke Play
25th Memorial Day Event

June

4th-5th-6th Men's Member-Guest
9th Ladies Guest Day
11th Men's Guest Day
16th-17th Junior Camp
27th Ladies Member-Guest

July

4th of July Event
7th Ladies Guest Day
9th Men's Guest Day
11th Old Course Challenge
16th Men's One Day Member-Guest

August

4th-5th Junior Camp
15th Ladies Member-Member
22nd-23rd Men's Member-Member
21st Aerifying Greens

September

12th-13th Match Play Club
Championships
17th Men's One Day Member-Guest

October

3rd Gold Tee Challenge
13th Ladies Guest Day
15th Men's Guest Day
17th-18th High Horse
31st Shotmakers Cup

November

6th One Day Member Guest
14th Thanksgiving Dinner & Awards
27th Parent Child Event

December

12th Christmas Dinner @ Club

2009 Men's Member-Member

August 22-23

Please Read

The 2009 Men's Member-Member tournament will be played like it has been played in years past with one new rule: *everyone who played in last year's event will have to find a new partner, you will not be allowed to play with the same partner from the 2008 event.* The other part of the new rule is you will only be able to play with your partner for 2 years and then you will have to switch it up. We think this will be a good thing for the event and also create more friendships on and off the course.

A Nice Poem

*My Life Has Not Been Quite The Same,
Since I Chose To Play This Stupid Game.*

*It Rules My Mind For Hours On End,
A Fortune It Has Made Me Spend.*

It Has Made Me Yell, Curse And Cry;

I Hate Myself And Want To Die.

*It Promises A Thing Called Par,
If I Can Hit It Straight And Far.*

To Master Such A Tiny Ball

Should Not Be Very Hard At All.

But My Desires The Ball Refuses,

And Does Exactly As It Chooses.

*It Hooks and Slices, Dribbles and Dies,
and Even Disappears Before My Eyes.*

Often It Will Have A Whim,

To Hit A Tree Or Take A Swim.

With Miles Of Grass On Which To Land,

It Finds A Tiny Patch Of Sand.

Then Has Me Offering Up My Soul,

If Only It Would Find The Hole.

It's Made Me Whimper Like A Pup,

And Swear That I Will Give It Up.

And Take To Drink To Ease My Sorrow,

But the Ball Knows ... I'll Be Back Tomorrow.

From the Pro

A few things to talk about:

When the carts are on the path please try and take a sand bottle to your ball if you are hitting out of the fairway. This will promote good even growth in the fairways and give you the best opportunity not to land in a depression or divot.

Winter is a great time to take a lesson or work on your game; I am always up for a lesson or a coaching session to help you get on the right track.

As many of you know I take a Members golf trip in March, this year it will be March 26-29. We will be going to Belltera and French Lick Casinos in Indiana. This is great golf and a better time getting to know your fellow members. If interested e-mail me a brianprongac@comcast.net I have not worked out all the details as of yet, but the process is about done and I should have a price the middle of February.

*****IMPORTANT*****

E-Mail addresses

If you do not get e-mails from me you are probably not on my list, please provide me a working e-mail so I can keep you aware of what is going on at your Club.

Send e-mail to brianprongac@comcast.net so I can capture your address.

Thank You!

Tee Times

We will be taking tee times throughout the winter months on Friday, Saturday and Sunday. Also a reminder of the reduced guest fee (\$25 Monday – Thursday & \$40 Friday – Sunday) please take advantage of this offer.

Open Mondays 11-4, carts need to be in at 4 sharp!